House Cleaning Checklist

Daily Tasks

DAILY

- [ ] Make the bed
- [ ] Squeegee the shower walls
- [ ] Rinse the bathroom sink
- [ ] Empty coffee grounds into the compost or garbage
- [ ] Rid the sink of any dirty dishes
- [ ] Unload and load the dishwasher
- [ ] Wipe down countertops and cabinets
- [ ] Wipe down the stovetop
- [ ] Put away any loose items (mail, toys, blankets, water bottles, etc.)
- [ ] Tidy up remote controls, video games, and other electronic items
- [ ] Do a load of laundry (based on needs)
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

House Cleaning Checklist

Weekly Tasks

WEEKLY

- [ ] Sweep and mop the kitchen floor
- [ ] Clean the microwave
- [ ] Sanitize sponges
- [ ] Wipe down fridge shelves
- [ ] Wipe fronts of cabinets
- [ ] Scrub the bathroom
- [ ] Spray the shower curtain liner
- [ ] Wipe down mirrors
- [ ] Dust furniture
- [ ] Empty all small trash cans
- [ ] Toss expired food
- [ ] Clean windows
- [ ] Dust window ledges
- [ ] Tidy up pet spaces
- [ ] Clean pet bowls
- [ ] _____
- [ ] _____

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House Cleaning Checklist

Monthly Tasks

MONTHLY

- [ ] Vacuum vents
- [ ] Clean light fixtures and fans
- [ ] Dust blinds
- [ ] Dust light fixtures
- [ ] Clean vacuum
- [ ] Clean oven
- [ ] Soak and scrub stovetop
- [ ] Descale coffee maker
- [ ] Clean outside grill
- [ ] Wipe down patio surfaces
- [ ] Beat dust out of rugs
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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House Cleaning Checklist

Seasonal Tasks

SEASONAL

- [ ] Rake leaves (fall and spring)
- [ ] Clean blinds
- [ ] Dust all plants
- [ ] Replace air conditioning filters
- [ ] Drain and store hoses (fall)
- [ ] Clean out gutters (fall and spring)
- [ ] Clean range hood and filters
- [ ] Clean out the freezer
- [ ] Wipe down the fridge
- [ ] Clean dishwasher and laundry machine
- [ ] Wipe down baseboards
- [ ] Wash pillows and comforter
- [ ] Spray and vacuum the mattress
- [ ] Clean and freshen drains
- [ ] Wash shower curtain liner
- [ ] _____
- [ ] _____

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House Cleaning Checklist

Annual Tasks

ANNUAL

- [ ] Clean chimney and fireplace
- [ ] Deep clean carpet and upholstery
- [ ] Clean curtains and drapes
- [ ] Purge the pantry
- [ ] Wipe down pantry shelves
- [ ] Vacuum and clean behind appliances
- [ ] Clean walls
- [ ] Clean air ducts
- [ ] Clean around dryer and vents
- [ ] Rotate rugs 180 degrees
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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One Room at a Time

Bedroom

- [ ] Make bed neatly
- [ ] Dust surfaces and furniture
- [ ] Vacuum carpets or floors
- [ ] Organize clothes and belongings
- [ ] Change sheets and linens
- [ ] Air out the room

Living Room

- [ ] Dust all surfaces
- [ ] Vacuum upholstery and floors
- [ ] Arrange pillows and blankets
- [ ] Clean electronic screens
- [ ] Declutter books, toys, and other items

Kitchen

- [ ] Wipe countertops and surfaces
- [ ] Clean appliances exteriors
- [ ] Wash dishes and utensils
- [ ] Sweep or mop floors
- [ ] Sanitize sink and disposal
- [ ] Empty and clean trash bins

Bathroom

- [ ] Scrub sink and countertops
- [ ] Clean mirrors and fixtures
- [ ] Disinfect toilet and seat
- [ ] Wipe down shower and tub
- [ ] Change towels if needed
- [ ] Sweep and mop floors

Dining Room

- [ ] Wipe table and chairs
- [ ] Clean and polish surfaces
- [ ] Organize place settings
- [ ] Dust light fixtures
- [ ] Vacuum or sweep floors
- [ ] Clean any spills or stains

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